

Answers to questions

from team 07

1. Retirement age in Russia!

- Age changes will occur in stages over a long transition period, which will be 10 years — from 2019 to 2028. As a result, the retirement age in Russia will be raised by 5 years: up to 60 years for women, up to 65 years for men.



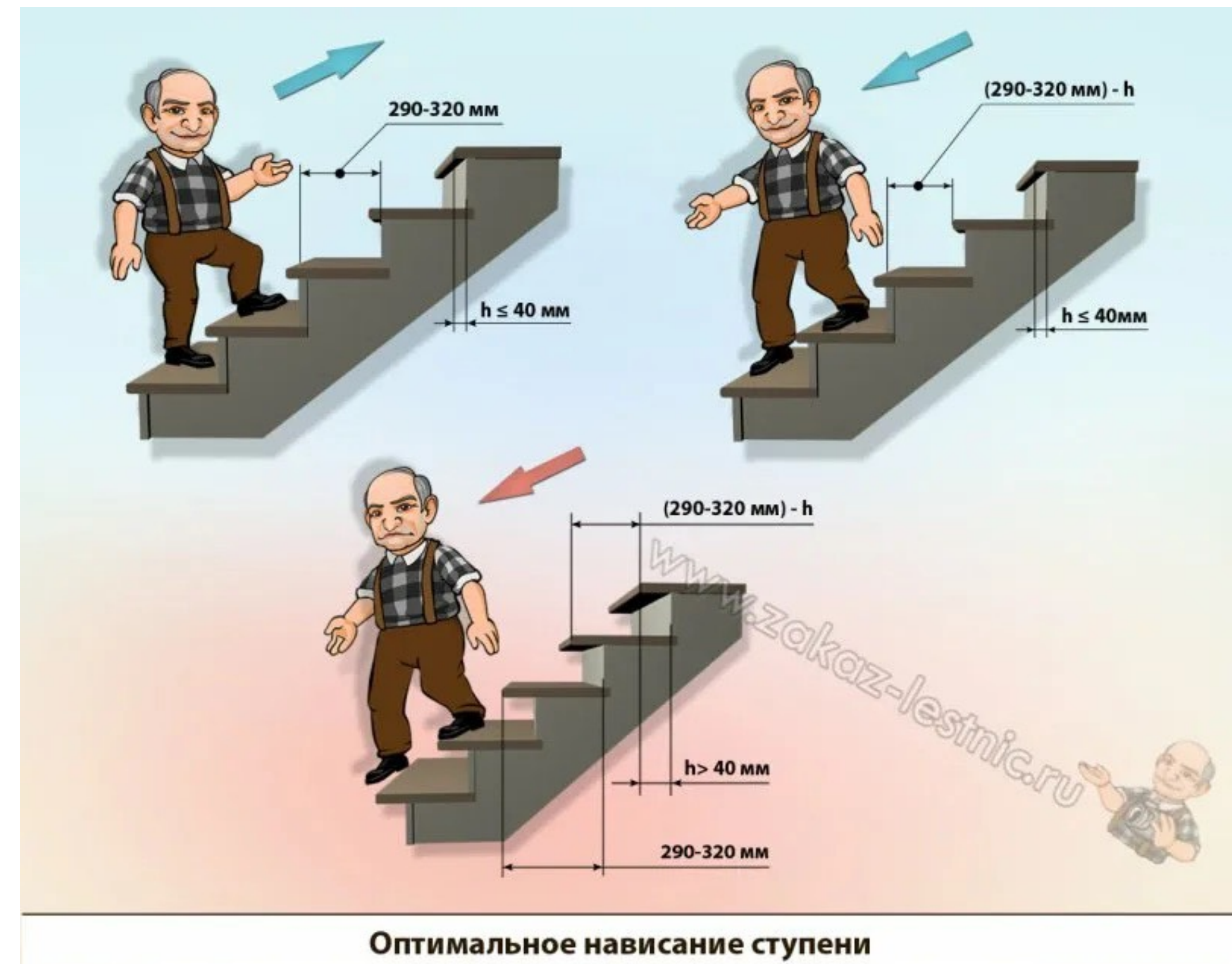
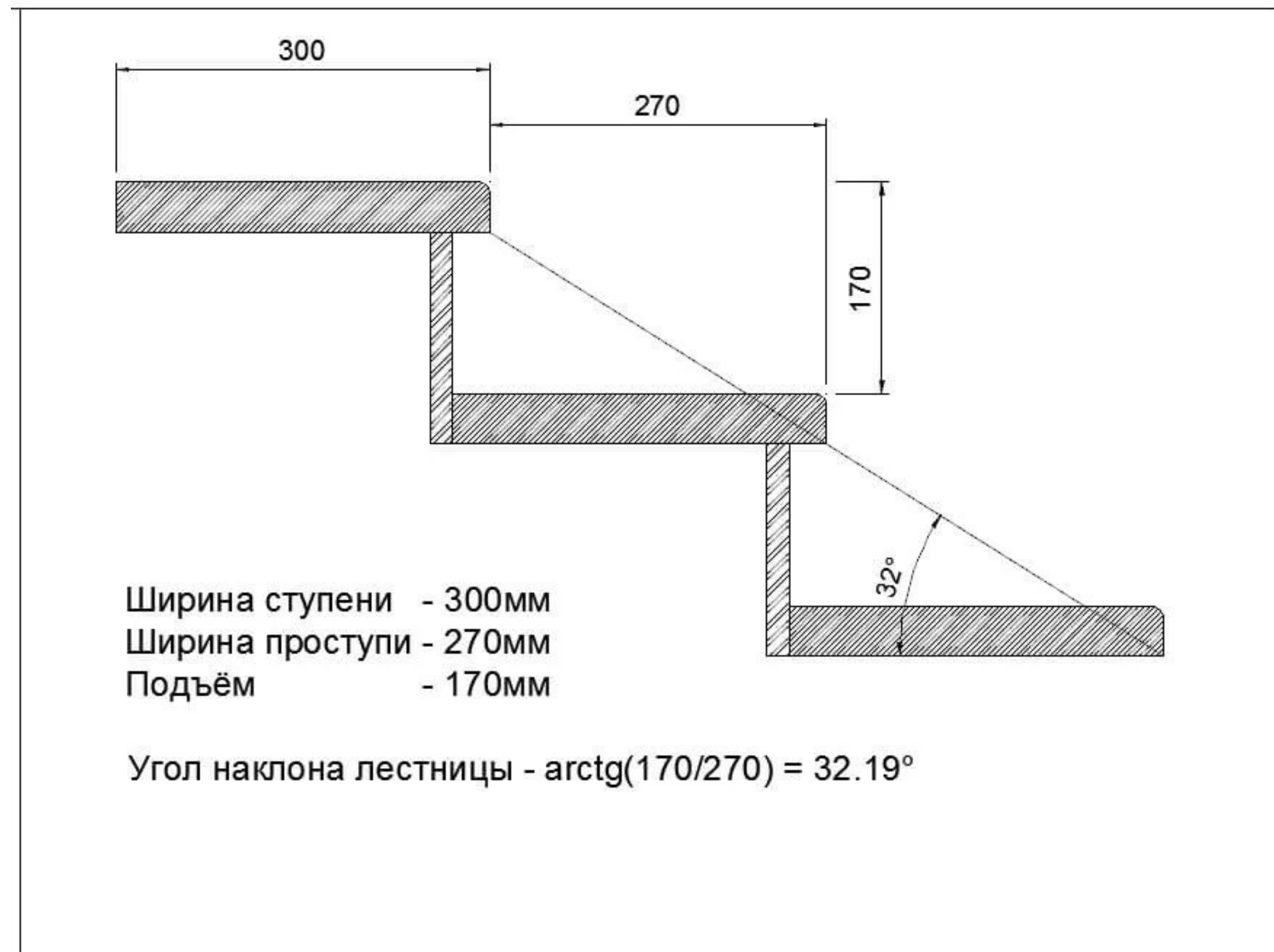
2. Heights

As a person ages, he becomes somewhat shorter. For example, men aged 25-29 have an average height of 178.6 cm, and women - 165.9 cm– At the same time, Russians over the age of 80 have it noticeably smaller – 170.7 cm and 158.7 cm, respectively. The average height of people varies from region to region



Steps

the height of the step, according to GOST, should be at least 12 and no more than 25 centimeters; the minimum width should vary between 70-80 centimeters; the optimal design is considered to be 1 meter wide; the width of the stairs, according to the norm, should be 27-30 centimeters.



Ramp

According to GOST R 51261-99, the ramp should be made according to the following parameters: The angle of inclination of the surface should be about 5° . The ratio of height to length of the inclined area should be 1:12. This means that when the height of the threshold is 1 meter, the length of the ramp should be 12 meters.



Real examples of ramps in Russia XD



Fences

GOST 25772-83 for fences indicates clear requirements for stair railings and handrails:
The minimum height of the railing should be 90 cm
Minimum width 80 cm
Maximum distance between the fence supports 15 cm

